

■ New Class

■ Special Class

September

monday	tuesday	wednesday	thursday	friday	saturday
14:15h Tight & Tone 26	14h Trial: Functional 360° 17:30h Cardio Barre 27	14:15h Energy Boost HiiT 28	14h Trial: Functional 360° 17:30h Cardio Barre 29	9:30h Juno Barre 30	WE ARE CLOSED 31
8h Energy Boost HiiT 13h Yoga Tone Up 14:15h Tight & Tone 18:45 Yin Yang Yoga 2	8:30h Fit Pilates 9:30h Juno Barre 14h Yoga 17:30h Cardio Barre 3	9h Functional 360° 14:15h Energy Boost HiiT 18:45h Yin Yoga 4	8:30h Tight & Tone 12h Breathwork for Radical Breakthroughs 13h Baila Baila Baila 14h Yoga 17:30h Cardio Barre 5	8:30h Functional 360° 9:30h Juno Barre 6	10h Yoga Tone Up 11:15h Energy Boost HiiT 7
8h Energy Boost HiiT 13h Yoga Tone Up 14:15h Tight & Tone 18:45h Yin Yang Yoga 9	8:30h Fit Pilates 9:30 Juno Barre 14h Yoga 17:30h Cardio Barre 10	WE ARE CLOSED 11	8:30h Tight & Tone 13h Baila Baila Baila 14h Yoga 17:30h Cardio Barre 12	8:30h Tight & Tone 9:30h Juno Barre 13	10h Yoga Tone Up 11:15h Energy Boost HiiT 14
8h Energy Boost HiiT 13h Yoga Tone Up 14:15h Tight & Tone 18:45h Yin Yang Yoga 16	8:30h Fit Pilates 9:30h Juno Barre 12h Breathwork for Radical Breakthroughs 14h Yoga 17:30h Cardio Barre 17	9h Yoga Tone Up 14:15h Energy Boost HiiT 18:45h Yin Yoga 18	8:30h Tight & Tone 9:30h Juno Barre 14:15h Tight & Tone 17:30h Cardio Barre 18:30h Yoga Foundations Workshop 19	8:30h Fit Pilates 9:30h Juno Barre 20	10h Yoga Tone Up 11:15h Energy Boost HiiT 21 Equinox Couples Ceremony: Balancing Energies 22
8h Energy Boost HiiT 13h Yoga Tone Up 14:15h Tight & Tone 18:45h Yin Yang Yoga 23	WE ARE CLOSED 24	9h Yoga Tone Up 14:15h Energy Boost HiiT 18:45h Yin Yoga 25	8:30h Tight & Tone 13h Baila Baila Baila 14h Yoga 17:30h Cardio Barre 26	8:30h Fit Pilates 9:30h Juno Barre 27	10h Yoga Tone Up 11:15h Energy Boost HiiT 12:30h Barre Session x OYSHO 28
8h Energy Boost HiiT 13h Yoga Tone Up 14:15h Tight & Tone 18:45 Yin Yang Yoga 30	8:30h Fit Pilates 9:30h Juno Barre 14h Yoga 17:30h Cardio Barre 1	9h Functional 360° 14:15h Energy Boost HiiT 18:45h Yin Yoga 2	8:30h Tight & Tone 13h Baila, Baila, Baila 14h Yoga 17:30h Cardio Barre 3	9h Functional 360° 9:30h Juno Barre 4	10h Yoga Tone Up 11:15h Energy Boost HiiT 5