

monday tuesday wednesday thursday friday saturday

■ New Class

■ Special Class

<p>8h Energy Boost HiiT</p> <p>13h Yoga Tone Up</p> <p>14:15 Tight & Tone</p> <p>18:45 Yin Yang Yoga</p> <p>30</p>	<p>8:30 Fit Pilates</p> <p>9:30 Juno Barre</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>1</p>	<p>9h Functional 360°</p> <p>14:15 Energy Boost HiiT</p> <p>18:45 Yin Yoga</p> <p>2</p>	<p>8:30 Tight & Tone</p> <p>13h Baila Baila Baila</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>3</p>	<p>8:30 Functional 360°</p> <p>9:30 Juno Barre</p> <p>14:15 Tight & Tone</p> <p>4</p>	<p>10h Yoga Tone Up</p> <p>11:15 Fire Sessions: Barre Blend</p> <p>5</p>
<p>8h Energy Boost HiiT</p> <p>13h Yoga Tone Up</p> <p>14:15 Tight & Tone</p> <p>18:45 Yin Yang Yoga</p> <p>7</p>	<p>8:30 Fit Pilates</p> <p>9:30 Juno Barre</p> <p>12h Breathwork</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>8</p>	<p>9h Functional 360°</p> <p>14:15 Energy Boost HiiT</p> <p>18:45 Yin Yoga</p> <p>9</p>	<p>8:30 Tight & Tone</p> <p>13h Baila Baila Baila</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>10</p>	<p>8:30 Functional 360°</p> <p>9:30 Juno Barre</p> <p>14:15 Tight & Tone</p> <p>11</p>	<p>WE ARE CLOSED</p> <p>12</p>
<p>8h Energy Boost HiiT</p> <p>13h Yoga Tone Up</p> <p>14:15 Tight & Tone</p> <p>18:45 Yin Yang Yoga</p> <p>14</p>	<p>8:30 Fit Pilates</p> <p>9:30 Juno Barre</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>15</p>	<p>9h Functional 360°</p> <p>14:15 Energy Boost HiiT</p> <p>18:45 Yin Yoga</p> <p>16</p>	<p>8:30 Tight & Tone</p> <p>10h Juno Barre x OYSHO</p> <p>13h Baila Baila Baila</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>17</p>	<p>8:30 Functional 360°</p> <p>9:30 Juno Barre</p> <p>14:15 Tight & Tone</p> <p>18</p>	<p>10h Yoga Tone Up</p> <p>11:15 Energy Boost HiiT</p> <p>19</p>
<p>8h Energy Boost HiiT</p> <p>13h Yoga Tone Up</p> <p>14:15 Tight & Tone</p> <p>18:45 Yin Yang Yoga</p> <p>21</p>	<p>8:30 Fit Pilates</p> <p>9:30 Juno Barre</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>22</p>	<p>9h Functional 360°</p> <p>14:15 Energy Boost HiiT</p> <p>18:45 Yin Yoga</p> <p>23</p>	<p>8:30 Tight & Tone</p> <p>13h Baila Baila Baila</p> <p>12h Breathwork</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>24</p>	<p>8:30 Functional 360°</p> <p>9:30 Juno Barre</p> <p>14:15 Tight & Tone</p> <p>25</p>	<p>10h Yoga Tone Up</p> <p>11:15 Fire Sessions: Barre Blend</p> <p>26</p>
<p>8h Energy Boost HiiT</p> <p>13h Yoga Tone Up</p> <p>14:15 Tight & Tone</p> <p>18:45 Yin Yang Yoga</p> <p>28</p>	<p>8:30 Fit Pilates</p> <p>9:30 Juno Barre</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>29</p>	<p>9h Functional 360°</p> <p>14:15 Energy Boost HiiT</p> <p>18:45 Yin Yoga</p> <p>30</p>	<p>8:30 Tight & Tone</p> <p>13h Baila Baila Baila</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>31</p>	<p>WE ARE CLOSED</p> <p>1</p>	<p>10h Yoga Tone Up</p> <p>2</p>
<p>8h Energy Boost HiiT</p> <p>13h Yoga Tone Up</p> <p>14:15 Tight & Tone</p> <p>18:45 Yin Yang Yoga</p> <p>4</p>	<p>8:30 Fit Pilates</p> <p>9:30 Juno Barre</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>5</p>	<p>9h Functional 360°</p> <p>14:15 Energy Boost HiiT</p> <p>18:45 Yin Yoga</p> <p>6</p>	<p>8:30 Tight & Tone</p> <p>13h Baila Baila Baila</p> <p>14h Yoga</p> <p>19:15 Cardio Barre</p> <p>7</p>	<p>8:30 Functional 360°</p> <p>9:30 Juno Barre</p> <p>14:15 Tight & Tone</p> <p>8</p>	<p>10h Yoga Tone Up</p> <p>11:15 Fire Sessions: Barre Blend</p> <p>9</p>

October

JunoStudio

FIND THE BEST VERSION OF YOURSELF BOTH MENTALLY & PHYSICALLY.

2024 